## **INSPIRE SPORTS & FITNESS CENTRE**

# SHORT COURSE PROGRAMME

## 2017/18

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Our Values Your Values Integrity, Fairness, Openness, Enjoyment, Democracy, Rule of Law, Individual Liberty, Respect & Tolerance

We have a strong passion for giving all of our customers the best possible experience as well as the best facilities in the Halifax area.

# Welcome

The Inspire Centre at Calderdale College boasts state of the art facilities including a 3G FA regulated Outdoor Pitch, an FA regulated Grass Pitch, Multi-Sports Hall, Dance Studio and a Gymnasium consisting of Cardiovascular and Resistance equipment.

Throughout the new academic year, the Inspire team will be facilitating and delivering a diverse suite of continuous professional development short courses.

If you have an interest in sports and leisure and would like to pursue a career in this industry, please take a look at our short course programme or call The Inspire Centre on 01422 399 331 for further details.

If you wish to enquire about hiring any of our Sport facilities or you would like to become a member of our Gym please contact us on the number above.



Craig Waterworth, Inspire Centre General Manager

Email us inspire@calderdale.ac.uk

Visit our website inspire.calderdale.ac.uk

Facebook inspirecentre2

Twitter Ginspiresfcentre







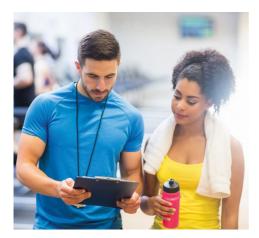




# an exciting range of courses...

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# Level 3 Certificate Personal Training



SESSION	DATE	TIME
Practical Theory	09/04/18	9am - 5pm
Practical Theory	10/04/18	9am - 5pm
Practical Theory	11/04/18	9am - 5pm
Practical Theory	12/04/18	9am - 5pm
Practical Theory	13/04/18	9am - 5pm
Practical Theory	16/04/18	9am - 5pm
Practical Theory	17/04/18	9am - 5pm
Practical Theory	18/04/18	9am - 5pm
Practical Theory	19/04/18	9am - 5pm
Practical Theory	20/04/18	9am - 5pm

#### Cost: £1,300 Course Ref: CCIC/FIL2

We are offering one run of this course starting in April 2018. Sessions are 9am to 5pm.

#### INTRODUCTION

This Level 3 Certificate in Personal Training qualification aims to develop learners with existing knowledge and skills in gym instruction who would like to pursue a career in personal training.

#### ENTRY REQUIREMENTS

A suitable Level 2 qualification in gym instructing.

#### CONTENT

This Level 3 Certificate in Personal Training qualification comprises seven mandatory units (36 credits).

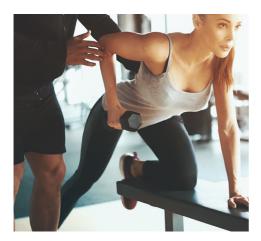
- Anatomy and physiology for exercise and health (Level 3, 6 credits).
- Know how to support clients who take part in exercise and physical activity [Level 2, 2 credits].
- Health, safety and welfare in a fitness environment (Level 2, 2 credits).
- Principles of exercise, fitness and health (Level 2, 4 credits).
- Applying the principles of nutrition to a physical activity programme (Level 3, 6 credits).
- Programming personal training with clients (Level 3, 7 credits).
- Delivering personal training sessions (Level 3, 9 credits).

#### ASSESSMENT

Assessment will be through attendance and participation on the course, a multiple choice examination, portfolio of evidence and practical demonstration/assignment.

#### Gain skills in an industry that allows you to be flexible with working hours to suit your life

### Level 2 Certificate Fitness Instructing



SESSION	RUN 1	RUN 2
Induction/Theory	30/10/17	16/07/18
Theory/Practical	31/10/17	17/07/18
Theory/Practical	01/11/17	18/07/18
Safeguarding	02/11/17	19/07/18
Theory/Practical	03/11/17	20/07/18
Emergency First Aid	06/11/17	23/07/18
Theory/Practical	07/11/17	24/07/18
Theory/Practical	08/11/17	25/07/18
Theory/Practical	09/11/17	26/07/18
Theory/Practical	10/11/17	27/07/18

#### Cost: £650 Course Ref: CCIC/FIL1

We are offering three runs of this course in October 2017, April and June 2018. Sessions are 9am to 5pm.

#### INTRODUCTION

Become part of a fast growing industry with this Level 2 Certificate in Fitness Instructing.

#### **ENTRY REQUIREMENTS**

Some experience of gym-based exercises, including free weights, is highly recommended.

The course requires physical exertion and individual participation, therefore, a degree of physical fitness is necessary.

#### CONTENT

This qualification comprises 6 mandatory units (24 credits). Throughout the duration of the course you will learn the skills and knowledge to enable you to plan, deliver and evaluate safe and effective gym and studio sessions at a professionally competent level.

#### ASSESSMENT

You will be assessed through techniques such as a multiple choice question paper completed at one of our approved centres, worksheets, practical observations and coursework/ portfolio of evidence.

The assessment of your evidence and the 1st assessment day which may include theory tests and a practical test is included in the price.

Subsequent re-tests may be subject to an additional charge. This is why we make sure you are "test ready" which enables us to keep our prices competitive.

#### This course will help you join the rapidly growing fitness and health industry

### 1st4Sport Level 1 Award Assisting Coaching Rugby League



SESSION	DATE	TIME
Theory/Practical	19/05/18	9am - 4pm
Theory/Practical	20/05/18	9am - 4pm
Theory/Practical	26/05/18	9am - 4pm
First Aid/Safeguarding	27/05/18	9am - 4pm

#### Cost: £180 Course Ref: CCIC/RL1

We are offering one run of this course in May 2018. Sessions are 9am to 4pm.

#### INTRODUCTION

This course is ideal for those who are looking to work with Primary Rugby League teams (aged 6 - 11). Completing this qualification is the first step on the coaching ladder.

It is ideal for current players, students or for parents who would like to take their first step to starting their coaching career or increase their involvement within the sport.

#### ENTRY REQUIREMENTS

You must be 16 or over to apply for the course. It is not necessary to have Rugby League experience.

#### Ideal for taking the first step towards becoming a Rugby League coach

#### CONTENT

This qualification comprises 6 mandatory units (24 credits). During the course you will cover:

- The role of a Rugby League coach
- The Rugby League coach in practice
- Technical coaching requirements for Rugby League

#### ASSESSMENT

In order to gain the certificate you must attend all hours of the course and successfully complete on course activities and a final practical coaching assessment.

### 3 Hour Course Safeguarding Children



SESSION	DATE	TIME
Run 1: March 2018	21/03/18	6pm-9pm

Gain a greater understanding of protecting children from abuse and maltreatment

#### Cost: £50 Course Ref: CCIC/SA1

We are offering one run of this course in March 2018. The session is 6pm to 9pm.

#### INTRODUCTION

This Safeguarding Children course will enable you to expand your understanding of what is meant by safeguarding and be able to identify those in vulnerable situations.

#### CONTENT

During the duration of the course you will cover the following:

- What is meant by Safeguarding and how to safeguard vulnerable adults
- How to identify the different types of abuse and how to deal with the disclosure of abuse process
- What is Safeguarding?
- How to identify the support available for Safeguarding Children, forms of abuse, signs of abuse and behavioural changes
- How to ensure the safety of the child, safe practice, appropriate responses and respective laws and responsibilities
- The process of reporting abuse and concerns confidentially

#### ASSESSMENT

You will be assessed through your attendance on your course.

### 1st4Sport Level 1 Award Coaching Volleyball



SESSION	DATE	TIME
Introduction/ Theory	04/08/18	9am - 5pm
Physical/Theory	11/08/18	9am - 5pm
Physical/Theory	18/08/18	9am - 5pm

Provides an introduction to delivering training sessions under national standards

#### Cost: £190 Course Ref: CCIC/VL1

We are offering one run of this course in August 2018. Sessions are 9am to 4pm.

#### INTRODUCTION

This course will provide an introduction to the principles and practices of coaching safe and ethical volleyball activities to adults and young people.

Please note that the focus of the course will be around junior beginners.

You will learn how to deliver aspects of coaching sessions, normally under direct supervision of more qualified coaches. On successful completion of this qualification, you are eligible to seek employment in appropriate Volleyball Assistant coaching roles.

#### CONTENT

During the duration of the course you will learn how to:

- Increase your knowledge and understanding of the core coaching skills
- Plan and deliver sessions including warm up, cool down; fundamentals, postural control and ball handling
- Understand game flow situations including attacking, defending and transition
- Understand service and service reception
- Monitor and evaluate coaching sessions
- Demonstrate competence against UKCC/National standards for coaches

#### ENTRY REQUIREMENTS

You must be 16 years of age or over on the first day of the course.

#### ASSESSMENT

In order to gain a certificate you must attend all course hours and successfully complete on-course activities and a final practical coaching assessment.

### 1st4Sport Level 1 Award Coaching Netball



SESSION	DATE	TIME
Physical/Theory	25/08/18	9am - 5pm
Physical/Theory	26/08/18	9am - 5pm

After completing this award you will be able to assist other, more qualified coaches

#### Cost: £190 Course Ref: CCIC/NL1

We are offering one run of this course in August 2018. Sessions are 9am to 4pm.

#### INTRODUCTION

The Level 1 Award in Coaching Netball (QCF) provides an introduction into the principles and practice of safe, ethical and effective management and coaching of netball sessions for adults and young people in an appropriate environment, as an assistant normally under the supervision of a Level 2 qualified netball coach.

The qualification is also endorsed by the trade association for coaches, Sports Coach UK, as meeting its UKCC criteria.

#### CONTENT

Throughout the course you will cover the following:

- Planning, conducting and evaluating Netball coaching activities
- The principles of conducting and evaluating coaching activities in sport
- The fundamentals of coaching sport

#### ENTRY REQUIREMENTS

- Be 16 years of age or over on the first day of the course
- Have good knowledge and experience of the netball game and an understanding of the rules
- Be able to communicate effectively in English (listening, speaking, reading and writing)
- During the course you will be expected to take part in the practical game of netball
- Reading the pre course information and watching the DVD is essential to the course

#### ASSESSMENT

In order to gain a certificate you must attend all course hours and successfully complete on-course activities and a final practical coaching assessment.

### 1st4Sport Level 1 Award Coaching Basketball



SESSION	DATE	TIME
Theory /Practical	04/11/17	9am - 2pm
Theory /Practical	11/11/17	9am - 2pm

You will gain an understanding of how basketball is coached in an effective and ethical way

#### Cost: £120 Course Ref: CCIC/BBL1

We are offering one run of this course in November 2017. Sessions are 9am to 2pm.

#### INTRODUCTION

This course will introduce basketball to both adults, children and people with particular needs; and to assist a Level 2 Coach (or above).

Perfect for parents, sports centre staff, teachers, youth workers, players or ex-players, adult volunteers and students. The holder is not covered by Basketball's insurance for working unsupervised and must work under the supervision of a minimum of a Level 2 Coach Award holder.

#### CONTENT

During the duration of the course you will learn how to:

- Consider the participants' needs and motives and establish a safe working environment
- Deliver & evaluate prepared activities in the coaching sessions
- Gain knowledge and understanding of safe and ethical coaching practice; methods of communication; how to develop performance and enjoyment; basic rules and skills of the game including contact, movement, passing, shooting and dribbling

#### ENTRY REQUIREMENTS

You must be at least 16 years of age or over on the first day of the course.

#### ASSESSMENT

Candidates will be required to demonstrate an understanding and application of coaching Basketball techniques in an appropriate environment, as outlined in the Basketball Health and Safety Guidelines for Coaching.

The Practical Syllabus will be assessed by the course tutor on a minimum of one 15 minute coaching session providing a good demonstration of the basic skills of basketball.

A 30 minute, written multiple choice/short answer paper (independently assessed) will be conducted to assess candidates' knowledge and understanding.

Two days attendance is required and a minimal amount of pre-course preparation will be expected. Candidates will also need to complete a Candidate Pack to provide evidence of coaching 4 sessions.

### 1st4Sport Level 2 Award Coaching Children Cricket



SESSION	DATE	TIME
Theory/Practical	19/11/17	9am - 4pm
Theory/Practical	26/11/17	9am - 4pm
First Aid	14/02/18	6pm - 9pm
Physical/Theory	18/02/18	9am - 4pm
Assessment	25/02/18	9am - 4pm

Improve your coaching confidence by developing your leadership skills over the duration of the course

#### Cost: £300 Course Ref: CCIC/CL1

We are offering one run of this course in November 2017. Sessions are 9am to 4pm.

#### INTRODUCTION

This course is designed to help to develop your confidence and equip you with the knowledge, understanding and applied skills to lead coaching sessions for young people and adults and create safe, enjoyable, stimulating player-centred coaching environments.

For coaches who are going to predominantly coach young people and adults (13 years+).

#### CONTENT

The qualification includes 8 three-hour modules including six sessions of supported practice (usually in your own club coaching). E-Learning is also expected.

#### ENTRY REQUIREMENTS

- Must be 18 years of age (learning programme and assessment can be completed at 17)
- Hold an emergency first aid certificate
- · Hold a safeguarding young cricketers certificate
- Have a DBS check through the ECB

#### ASSESSMENT

You will be assessed upon the completion of a series of written tasks, the delivery of a number of short/micro coaching activities and the completion of online activities, including multiple choice questions.

### 1st4Sport FA Level 1 Coaching Football



SESSION	DATE	TIME
Induction/ Theory	07/04/2018	6pm - 9.30pm
Theory/Practical	10/04/2018	9am - 5pm
Theory/Practical	12/04/2018	6pm - 9.30pm
Safeguarding	14/04/2018	6.30pm - 8.30pm
Theory/Practical	17/04/2018	9am - 5pm
Emergency First Aid	19/04/2018	6pm - 9.30pm
Theory/Practical	21/04/2018	6pm - 9.30pm
Theory/Practical	24/04/2018	9am - 4pm

Learn football coaching fundamentals with the FA's Plan, Do and Review model

#### Cost: £180 Course Ref: CCIC/FAL1

We are offering one run of this course in April 2018.

#### INTRODUCTION

The FA Level 1 in Coaching Football, leading to the 1st4sport Level 1 Award in Coaching Football qualification, provides learners with an introduction to coaching the game and working with players from under 7 to open age.

During this course you will cover:

- The England DNA (How We Coach, How We Play, How We Support and The Future Player)
- The FA 4 Corner Player Development Model which will help you gain a better understanding of the long-term development of your players as a whole person
- The FA, Plan, Do, Review Model, helping you construct appropriate practices and sessions for your players; and a series of practical coaching ideas, giving you the ability to recognise the various ingredients that make up safe, fun and engaging practices to help your players develop

#### CONTENT

The course is made up of eight guided learning, face-to-face workshops covering a range of topics linked to the England DNA, as well as some directed learning opportunities via three e-learning modules hosted on The FA Learning Management System (LMS). E-learning modules cover core topics including the role of the coach, long-term player development and The FA Plan, Do, Review model.

#### ENTRY REQUIREMENTS

Learners are required to be at least 16 years of age and should ideally be working/coaching with a team prior to the course.

They must hold as a minimum a current FA Emergency Aid Certificate\* and a current completion certificate for The FA Workshop Safeguarding Children in Footbalt\* (Alternative arrangements are available for learners under the age of 18 years of age).

\*Both of these courses are modules within The FA Level 1 in Coaching Football course.

As part of the Level 1 you are expected to complete online modules, in order to access these modules, you will be required to sign in using your Password. If you do not already have a FAN [FA Number], please visit the FA website.

#### ASSESSMENT

You will be assessed through your attendance on the course so attending all sessions is mandatory.

### 1st4Sport FA Level 1 Coaching Football for Females



SESSION	DATE	TIME
Induction/Theory	23/05/18	6pm - 9pm
Theory/Practical	26/05/18	9am - 5pm
Theory/Practical	28/05/18	6pm - 9pm
Safeguarding	30/05/18	6pm - 9pm
Emergency First Aid	06/06/18	6pm - 9pm
Theory/Practical	09/06/18	9am - 5pm
Theory/Practical	10/06/18	9am - 12.30pm

Learn to incorporate safe, fun and engaging practices in your coaching sessions

#### Cost: £180 Course Ref: CCIC/FAL1

We are offering one run of this course in May 2018.

#### INTRODUCTION

This course will take place at a female-friendly venue within the Inspire Centre. The FA Level 1 in Coaching Football, leading to the 1st4sport Level 1 Award in Coaching Football provides learners with an introduction to coaching the game and working with players from under 7 to open age.

#### CONTENT

The course is made up of eight guided learning, face-to-face workshops covering a range of topics linked to the England DNA, as well as some directed learning opportunities via three e-learning modules hosted on The FA Learning Management System (LMS).

The e-learning modules cover core topics including the role of the coach, long-term player development and The FA Plan, Do, Review model.

During this course you will cover:

- The England DNA (How We Coach, How We Play, How We Support and The Future Player)
- The FA 4 Corner Player Development Model which will help you gain a better understanding of the long-term development of your players as a whole person
- The FA, Plan, Do, Review Model, helping you construct appropriate practices and sessions for your players; and a series of practical coaching ideas, giving you the ability to recognise the various ingredients that make up safe, fun and engaging practices to help your players develop

#### ENTRY REQUIREMENTS

Learners are required to be at least 16 years of age and should ideally be working/coaching with a team prior to the course.

They must hold as a minimum a current FA Emergency Aid Certificate\* and a current completion certificate for The FA Workshop Safeguarding Children in Football\* (Alternative arrangements are available for learners under the age of 18 years of age).

\*Both of these courses are modules within The FA Level 1 in Coaching Football course.

As part of the Level 1 you are expected to online modules, in order to access these modules, you will be required to sign in using your Password. If you do not already have a FAN (FA Number), please visit the FA website.

#### ASSESSMENT

You will be assessed through your attendance on the course so attending all sessions is mandatory.

### 1st4Sport FA Level 2 Coaching Football



SESSION	DATES	TIME
Induction	11/07/18	6pm - 9pm
Theory/Practical	14/07/18	9am - 5pm
Theory/Practical	16/07/18	6pm - 9pm
Safeguarding	18/07/18	6pm - 9pm
Emergency First Aid	20/07/18	6pm - 9pm
Theory/Practical	21/07/18	9am - 5pm
Theory/Practical	22/07/18	9am - 5pm

Build on previous qualifications to expand your existing coaching football knowledge

#### Cost: £180 Course Ref: CCIC/FAL1

We are offering one run of this course in June 2018.

#### INTRODUCTION

This course will support learners along this process both on-course and in their own coaching environment.

This nationally recognised qualification, awarded by 1st4Sport qualifications will take the learner on a journey through the core components of the England DNA – How We Coach, How We Play, How We Support and The Future Player, helping them to begin shaping or refining their own coaching philosophy.

#### CONTENT

This course is designed to prepare learners for employment as a football coach with the ability to put these key ideas into practice. As an FA Level 2 Football Coach, learners will be able to plan, deliver and evaluate a series of linked and progressive football coaching sessions independently.

The course will cover key issues in coaching while putting the players and their learning at the centre of the choices that coaches make. It will help learners to reflect on, realise the impact of, and justify the decisions they make while encouraging a long-term view on player development.

You will examine what effective and great practice looks like in training and competition, right the way through the player's journey from under 7 to open age, across the various formats of the game, helping coaches to consider the age, ability, maturity and experience of the players in their care.

The course is made up of 20 guided learning, face-to-face workshops covering a range of topics linked to the England DNA, split into three blocks of learning (Block 1 – How We Coach, Block 2 – How We Support and The Future Player, Block 3 – How We Play).

#### ENTRY REQUIREMENTS

- Be at least 16 years of age
- Attended The FA Level 1 in Coaching Football course, and hold the 1st4Sport Level 1 Award in Coaching Football qualification
- Hold as a minimum a current FA Emergency Aid Certificate
- Hold an in date completion certificate for the current FA Workshop Safeguarding Children in Football or the new FA Safeguarding for Coaches Workshop

#### ASSESSMENT

You will be assessed through your attendance on the course so attending all sessions is mandatory.

### 3 Hour Workshop **First Aid Awareness**



	DATE	TIME
Run 1: September 17	27/09/2017	6pm - 9pm
Run 2: January 18	17/01/2018	6pm - 9pm
Run 3: March 18	21/03/2018	6pm - 9pm
Run 4: May 18	23/05/2018	6pm - 9pm
Run 5: July 18	25/07/2018	6pm - 9pm

#### Completion will give you the skills to successfully carry out first aid in the workplace

#### Cost: £25 Course Ref: CCIC/EFA1

We are offering five runs of this course during the current academic year starting in September 2017. You are only required to attend 1 of the dates to complete the course.

#### INTRODUCTION

This course is giving you the opportunity to progress in your career and also help others.

The extreme physical exertion, prolonged physiological stress and potential for falls and collisions which are part and parcel of most athletic endeavours ensure that the risk of getting hurt or becoming unwell really is significant in sporting environments.

Naturally, it is absolutely vital that any accident or medical incident that happens during a sporting activity is dealt with quickly and effectively by trained professionals who know what they are doing.

#### CONTENT

During this course you will cover:

- The basics of First Aid
- What to do in an emergency
- Different First Aid procedures
- How and when to use First Aid procedures

#### ASSESSMENT

You will be assessed through your attendance on your course.

### 1 Day Course **Emergency First Aid**



	DATE	TIME
Run 1: November 17	02/11/2017	9am - 4pm
Run 2: January 18	11/01/2018	9am - 4pm
Run 3: March 18	20/03/2018	9am - 4pm
Run 4: July 18	19/07/2018	9am - 4pm

#### This course will give you the confidence to carry out first aid in low risk workplaces

#### Cost: £75 Course Ref: CCIC/EFA1

We are offering four runs of this course during the current academic year with the first being in November 2017. You are only required to attend one of the dates to complete the course.

#### INTRODUCTION

This is the one-day qualification for low risk workplaces. It is formally accredited by an awarding body and certificates are valid for three years.

Delegates will learn about the role and responsibilities of a first aider, how to deal with an unresponsive casualty who is/ is not breathing, choking, external bleeding and minor injuries.

#### CONTENT

During this course you will cover:

- First Aid Introduction
- Legal Compliance
- Managing Incidents
- Treating Injuries
- Prioritisation

#### ASSESSMENT

You will be assessed through your attendance on the course.

### Frequently Asked Questions

#### HOW DO I APPLY?

Please take time to read the course descriptions carefully as candidates must ensure that they meet all the course prerequisite criteria before applying for a course.

If you provide false information or do not meet the course pre-requisites your application may not be accepted.

To ensure courses have sufficient candidates to run, early application for these qualifications is essential.

#### IS THERE A CLOSING DATE?

Some governing bodies may require application forms up to 20 working days prior to the course start date so please apply early.

#### WHAT IF I NEED ADDITIONAL SUPPORT DURING THE COURSE?

You may need additional support because you have a visual or hearing impairment or you are dyslexic for example. If you are an HE student and have been assessed, we will request your permission to see this assessment and help provide support as appropriate. If you are an external candidate please contact Carnegie Coach Education to discuss how we may be able to assist you. Inspire Centre reserves the right to cancel any course which it believes is not to be in the interests of Inspire Centre and/or Calderdale College. Inspire Centre does not accept any responsibility for changes made to courses after publication.

#### WHEN WILL I KNOW IF I HAVE BEEN ACCEPTED?

Applications will be processed on a first come, first served basis. (All courses are subject to limited places).

Confirmation of your booking will be sent via email as soon as your online booking is complete.

A receipt of your payment is also emailed as soon as your online booking is complete.

If for any reason you need to do a manual booking a receipt can be posted on request.

If there are any problems or queries regarding your booking Inspire Team will contact you, otherwise you can assume your booking has been accepted.

A further email with detailed joining instructions and venue directions will be emailed no less than 10 working days prior to the course start date.

If you have any queries or problems regarding your booking please contact the Inspire Centre team on 01422 399 331.

#### WHAT HAPPENS IF THERE ARE INSUFFICIENT NUMBERS ON A COURSE?

Inspire Centre team will do everything they can to ensure a course runs however, should the need for cancellation arise, you will be informed at least 4 working days prior to the course start date.

Inspire Centre reserves the right to cancel any course which it believes is not to be in the interests of Inspire Centre and/or Calderdale College. Inspire Centre does not accept any responsibility for changes made to courses after publication.

#### WHAT HAPPENS IF THE COURSE IS FULL AND I AM PUT ON THE RESERVE LIST?

If you are put on a reserve list, Inspire Centre will email you for a contact number as you may be contacted at any time to take up a place on a course by email or phone.

If you are offered a space and you wish to accept, full payment will then be requested immediately.

#### WHAT IF I WISH TO CANCEL MY PLACE ON A COURSE?

- 20 Working Days before the start date you will receive a full refund OR free transfer.
- Between 20 & 11 Working Days before the start date you will receive a free transfer OR a £10 admission charge will be deducted from any refund.
- 10 Working Days before the start date there is no refund or transfer available.

No course fee can be transferred from one academic year to another.

#### WHAT IF I GET HELD UP EN ROUTE TO THE COURSE?

If the course venue is at Inspire Centre please ring the Inspire Centre Reception on 01422 399 331 and leave a message.

If the course venue is elsewhere, please ring the venue contact number which can be found in your confirmation/joining instructions letter.

#### PREREQUISITES

Prior to certification for the qualification, learners are required to:

- Be at least 16 years of age
- Learners should ideally be working/ coaching with a team prior to the course.
- Hold as a minimum a current FA Emergency Aid Certificate\*
- Hold a current completion certificate for The FA Workshop Safeguarding Children in Football\* (Alternative arrangements are available for learners under the age of 18 years of age). \*Both of these courses are modules within The FA Level 1 in Coaching Football course
- As part of the Level 1 you are expected to complete online modules, in order to access these modules, you will be required to sign in using your username & password. If you do not already have a FAN (FA Number), please visit the FA website.

### **REGISTRATION FORM**

Please complete the form below and return to the Inspire Centre. All cheques must be made payable to "Calderdale College"

#### **COURSE OF INTEREST**

Course:	Ref No:
PERSONAL DETAILS	
First Name(s):	Surname/Family Name:
Address:	
Postcode:	Date of Birth:
Landline Tel:	Mobile:
Email Address:	

#### **EMERGENCY CONTACTS**

Contact 1 Full Name:		
Relationship to Student:	Contact No:	
Email Address:		
Contact 2 Full Name:		
Relationship to Student:	Contact No:	
Email Address:		

#### **ADDITIONAL INFORMATION**

Sport club(s) affiliated to:
Previous Team & Preferred Position:
Health & Illness Information
Do you require any extra support requirements in or out of class?